



OCTOBER 2011

 **SABLER CLINIC**
Dr. Anthony Perri-
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Don't Forget the
Sunscreen!
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*Anthony Perri, M.D.
Dermatology*

"Having a father that is a melanoma survivor has certainly influenced my commitment to the early detection of skin cancer. I am dedicated to ensuring the community has accessibility to a board certified dermatologist."

Anthony J. Perri, MD



COME IN TODAY FOR YOUR SKIN CANCER SCREENING

When looking for a dermatologist, you want a physician you can trust – someone true to his word. Texas-raised and Texas-trained, Dr. Anthony Perri is committed to this community and understands the importance of a strong physician-patient relationship. Dr. Perri and his team of professionals offer extended hours and same-day appointments, providing exceptional dermatological care to accommodate your busy schedule. Please call his office for an appointment today, and experience the difference!



ANTHONY J. PERRI, MD
Board Certified Dermatologist

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Dr. Anthony Perri

**Enjoy the Outdoors...
Just Don't Forget
the Sunscreen!**



SADLER CLINIC

As one of the hottest Texas summers in recent memory comes to an end, Dr. Anthony Perri, board certified dermatologist, reports "I have diagnosed and treated more skin cancer this summer than in any three month period throughout my entire career. Fortunately, most of these cancers were detected at a very early stage and the majority were basal cell cancer and squamous cell cancer, which have a much better outlook than the deadly melanoma. However, I also diagnosed more melanomas this summer than in previous years." Dr. Perri attributes this increase in cancer to an increasing number of Montgomery County residents engaging in outdoor activities and not adequately protecting themselves from the sun. "It is important to enjoy outdoor activities but adhering to practices that limit UV (ultraviolet) exposure is crucial. I recommend a sunscreen of at least SPF 30 that covers both UVA and UVB adequately such as those in the Neutrogena or Aveeno lines. It is just as important to re-apply the sunscreens every two hours as chemical sunscreens break-down as they dissipate the UV they are absorbing and are essentially ineffective after two hours. Also, physical UV blockers such as broad brimmed hats, sunglasses with UV blocking capabilities, and clothing that is loose fitting but has a tight weave with a UPF rating (similar to an SPF rating for sunscreen) are very important in decreasing UV exposure. Finally, avoiding the peak hours of UV between 10AM and 5PM by engaging in outdoor activities early in the morning or later in the evening can make a significant difference in the likelihood of developing skin cancer.

Texas raised and Texas trained, Dr. Perri learned the damaging effects of UV radiation on the skin growing up in nearby Corsicana, Texas as his own father was diagnosed by his dermatologist with a melanoma. Fortunately, the melanoma was treated at a very early stage and his father is alive and well today from the early detection of this skin cancer. Dr. Perri encountered many patients with skin cancer from the powerful Texas sun in his medical training at Baylor College of Medicine and The University of Texas Medical Branch where he served as Chief Resident of Dermatology prior to joining Sadler Clinic. Dr. Perri established as one of his primary missions the early detection of skin cancer and prior to his arrival in Montgomery County, it was not uncommon to wait several months to almost a year for an appointment with a board certified dermatologist. Observing the need for immediate access to dermatologic care, Dr. Perri opened clinics in both Conroe and The Woodlands and extended his weekday hours from 8AM to 8PM as well as having Saturday morning clinic hours. "Immedi-

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ate access to a board certified dermatologist is essential for having the best possible outcome from a skin cancer. With our extended office hours, patients are able to make an appointment in spite of their busy schedules. I also have a large team of caring healthcare professionals whose primary focus is on providing excellent patient care to facilitate a very pleasant and smooth experience with

our office."

Dr. Perri has been practicing in Montgomery County just over three years and in that time has rapidly become regarded as one of Houston's leading dermatologists. After joining Sadler Clinic in 2008, he was recently appointed the Chief of Dermatology and H Magazine named him one of the Top Doctors in Houston for 2011. Recently, he was named

one of H Magazine's Top 100 Professionals in Houston. ♦



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